PLEASE READ THE FOLLOWING INFO ABOUT HONOR SEMINARS

Seminars are restricted to students currently enrolled in the College Honors Program through College of Letters and Science, or students in the College of Creative Studies.

Honor Seminars (INT 84’s) are two-unit courses that provide an opportunity for research exploration in various disciplines and consider advanced studies beyond college. Honor seminars are for First and Second-year students. To earn honors credit, seminars must be completed with a letter grade of B or higher. Eligible students may take 8 units maximum of INT 84 seminars.

- **NO ADD CODES** will be given out for Honors Seminars. Please **DO NOT** email the instructor asking for one. The ONLY seminar that is Add Code Only is INT 84ZR, you may email Prof. Lew. Details below.

- **INT 84 Honors Seminars are lower-division and designed with First and Second-year students in mind. If you are a First or Second-year student in the Letters & Science Honors Program but have "Senior" standing due to units, you may request an exception to bypass this “Senior” unit restriction by emailing me at kvonderlieth@ucsb.edu** *(If you email me for a bypass - Please include your PERM & which “3” INT 84’s you would like to bypass the unit restriction. Once a student receives the bypass, you must still enroll through GOLD during your active pass time, space remaining. A bypass does not override the unit cap in a given pass time of 13.5 units during Pass1.)*

*Please note if your class is not a 10-week course the add/drop deadline may be earlier.

FALL 2021 Honors Seminars
INT 84AE - “What is Beauty?”

- **Seminar Type:** Honors
- **Department:** History of Art & Architecture
- **Instructor:** Volker M Welter
- **Instructor Email:** welter@arthistory.ucsb.edu
- **Day - Time - Room:** Tuesday 8:00-9:50 in HSSB 4201
- **Enroll Code:** 60236

**Course Description:** Many of us recognize beauty when we see it, yet when we try to describe it, it often eludes us. This seminar will discuss Western texts on beauty by philosophers, artists, art historians, and scientists such as, for example, Plotinus, Johann Joachim Winkelmann, Edmund Burke, Ralph Waldo Emerson, Jun’ichirō Tanizaki, Nancy Etcoff, and Elaine Scarry.

**Bio:** Professor Volker M. Welter teaches modern architectural history and theory in the Dept. of the History of Art & Architecture. His teaching focuses in particular on the aesthetics of architecture, the often strenuous relationship between architecture and the natural world, and the beauty architecture can add to the latter.

INT 84BC - “Yoga: Theory, Culture & Practice”

- **Seminar Type:** Honors
- **Department:** Black Studies
- **Instructor:** Roberto Strongman
- **Instructor Email:** rstrongman@ucsb.edu
- **Day - Time - Room:** Monday 2:00-3:50 Online
- **Enroll Code:** 27672

**Course Description:** Yoga is a Sanskrit term that can be best translated as "Integration." The course aims to develop an integral understanding of the history of yogic knowledges with roots in South Asia, creolization with XIX Century European body culture during the era of British imperialism, and a capitalist and often culturally-appropriative global spread in the late XX Century and beyond. This historical and philosophical material will be "yoked" (a cognate of "yoga") with a physical asana practice: the class will be organized in weekly two-hour sessions, with the first hour devoted to lecture, presentation, discussion and journal writing and the second hour to a physical postural and breathing practice thematically wedded to the readings. As such, the deeper, even metaphysical, goal of the course will be to bring "union" to the budding scholar, fomenting a balanced, equanimous and holistic body-mind.

**Bio:** Ph.D. Literature (UCSD 2003). I am a scholar of embodiment, specializing in trance states. My latest book "Queering Black Atlantic Religions" (Duke UP, 2019) speaks to my interest in fomenting an awareness of the unity within the body-mind construct, the goal of "yoga." In addition to my academic credentials, I am also a certified yoga instructor at the 500-hour level (the highest recognizable credential in the field). In addition to my academic credentials, I am also certified as a massage therapist by the state of California and as a yoga instructor at the 500-hour level (the highest recognizable credential in the field).
INT 84BJ - “How Muslims, Jews, and Christians lived together (Intellectual and Social History of the Iberian Peninsula)”

- **Seminar Type:** Honors
- **Department:** Spanish and Portuguese
- **Instructor:** Antonio Cortijo
- **Instructor Email:** cortijo@ucsb.edu
- **Day - Time - Room:** Tuesday 8:00-9:50 in HSSB 3202
- **Enroll Code:** 60210

**Course Description:** This seminar explores the intellectual and social history of the Iberian Peninsula through the ages. Particular attention will be paid to the fact the the Iberian Peninsula was unique in that it allowed different religions (Islam, Judaism, Christianity) to live together for over 800 hundred years and this has shaped the development of Spain as a modern European nation. In addition, attention will be paid to the Spanish creation of a the first modern globalized economy in the 16th-17th centuries by incorporating the American, East-Asian and European markets. From the Middle Ages to the contemporary European Union, issues of religion, "convivencia" (co-existence), nationalism, and economy will be explored.

**Bio:** Antonio Cortijo Ocaña analyzes in his research the ideological structures and tensions that have forged the Modern Period across the Atlantic and across the languages and cultures of the Iberian Peninsula. He deals with issues such as nation building, power and ideology, religion and economy in the late medieval through 18th centuries, as well as with the larger topic of the relevance of Humanism in the creation of the modern nations. He is the author of over 50 books.

INT 84BK - “Great experiments of particle physics”

- **Seminar Type:** Honors
- **Department:** Physics
- **Instructor:** Claudio Campagnari
- **Instructor Email:** claudio@physics.ucsb.edu
- **Day - Time - Room:** Thursday 3:00-4:50 in HSSB 4202
- **Enroll Code:** 60244

**Course Description:** Learn about the key experiments that have led to the development of the Standard Model of particle physics, from the discovery of parity violation in the 1950s, to the that of the Higgs boson a few years ago by reading the original papers. For each topic, the instructor will present some of the relevant background information, and then students will take turns leading the discussion of the corresponding paper.

**Bio:** Claudio Campagnari has a PhD in experimental particle physics from Yale University and has been teaching at UCSB since 1994. He is currently a member of the CMS collaboration at the Center for European Nuclear Research (CERN) in Geneva, Switzerland. Highlights of his career include working on some of the data analyses that led to the discovery of the top quark and the Higgs boson. More information at: http://hep.ucsb.edu/people/claudio/claudio.html
INT 84CC - “Art from Machines: Computer Numerical Control in the Hands of Creators”

- **Seminar Type:** Honors
- **Department:** Theater and Dance
- **Instructor:** Greg Mitchell
- **Instructor Email:** gmitchell@ucsb.edu
- **Day - Time - Room:** Wednesday 11:00-12:50 In TD-W 1530
- **Enroll Code:** 60251

**Course Description:** Contemporary design and art such as sculpture and installation often integrate diverse kinds of 21st century technologies into their creation and execution. Some of those technologies that were once out of the reach of individual or unfunded artists are now becoming ubiquitous. We’ll introduce the class to technological processes, machines, and applications that integrate computer control with creative work by using them to iterate real world objects. We’ll extrapolate how these processes can be used to design studio sized fabrications and structures that are scale-able to impressive physical creations.

**Bio:** Greg Mitchell is an Associate Professor of Theatre Design at University of California Santa Barbara. His work in Scenic Design, Lighting Design, Projection Design, Art Direction for Television, and Installation has been seen around the world.

INT 84CE - “Clown Business”

- **Seminar Type:** Honors
- **Department:** Theater & Dance
- **Instructor:** Daniel Stein
- **Instructor Email:** daniel_stein@ucsb.edu
- **Day - Time - Room:** Thursday 2:00-3:50 in TD-W 1507
- **Enroll Code:** 63693

**Course Description:** This course explores finding the personal freedom and confidence to speak your mind from your authentic self. You will use clown, theatre, and your imagination to engage and enchant your audience, whether of one or one hundred.

Your curiosity is the only prerequisite for this course.

This is a safe nonjudgmental space where you will get to play with your imagination to build confidence and poise in interacting with others. The pleasure of stretching is not limited to your muscles, you can also stretch your mind and imagination.

Each of you has been working your entire life to become what you are today. Freedom to be who you are comes from within. This class aims to empower you to allow yourself to own your freedom by practicing seeing further than your assumptions and clearer than your fear. Everyone makes assumptions and everyone experiences fear. What we can do is train ourselves to use them as a springboard to go beyond them.
Bio: Daniel Stein – Senior Lecturer - SOE-AY
Teaches Movement for the Actor and Devising Original Work Theatre & Dance Dept.
Curator of the ANNUAL PARTICLE COLLIDER FESTIVAL

After studying in the Professional Actors Training Program at Carnegie-Mellon University, notably with Jewel Walker, Daniel went to Paris, France to study with Etienne Decroux, becoming M. Decroux’s frequent translator. Subsequently making his home in Paris for 20 years, Daniel started his professional career as an actor with the French National Theatre. His solo performances have toured in more than 30 countries, as well as in theatres such as the Kennedy Center and Lincoln Center here in the United States. He has taught master classes throughout the world at institutions such as Juilliard School of Drama and The Shanghai Theatre Academy. Daniel has received grants from the National Endowment for the Arts, the United States/Japan Commission, the Pew Charitable Trust, and is a John Simon Guggenheim Fellow.


Prior to finding his artistic home here at UCSB he spent seven years at Brown University as Head of Movement and Physical Theatre for their MFA Professional Actor Training Program and before that over a decade at Dell’Arte International School of Physical Theatre in Blue Lake, CA. serving as School Director and core instructor. He is thrilled to be part of this wonderful UCSB BFA Theatre program.
For more information visit: PoeticDynamics.com

INT 84CG - “Devising Movement Theater”

- **Seminar Type:** Honors
- **Department:** Theater and Dance
- **Instructor:** Christina McCarthy
- **Instructor Email:** cmccarthy@theaterdance.ucsb.edu
- **Day - Time - Room:** Wednesday 5:00-6:50 in TD-W1703
- **Enroll Code:** 62927

**Course Description:** Using you own personal stories to write and then craft an embodied performance that is autobiographical in nature, you will explore various methodologies in creating a solo theater pieces based in spoken word, movement palette and other theatrical devices. The final project for the course will be a short filmed performance based on the explorations and exercises you do in class and for homework.

**Bio:** Christina McCarthy is a multimedia artist whose creative work includes a collision of dance, theater, film, puppeteering, circus arts and visual art. Her focus in theater and dance is in the way the body can reflect story through subtle and specific movements. Her interests in teaching center on creative generation of story ideas and a non-linear approach to storytelling born from her years as a choreographer working in musical theater, drama and concert dance. In addition to teaching dance technique and choreography, she also teaches puppet fabrication and digital editing for film.

INT 84ZB - “Causes and Consequences of Sea-Level Rise: A Geologic Perspective”

- **Seminar Type:** Honors
**Department:** Earth Science  
**Instructor:** Alexander (Alex) Simms  
**Instructor Email:** asimms@geol.ucsb.edu  
**Day - Time - Room:** Tuesday & Thursday 4:00-4:50 in HSSB 2201 *there might be a time change for the field trip*  
**Enroll Code:** 62919

**Course Description:** We will discuss the causes of sea-level changes at several different time scales, how to reconstruct and measure past sea-level changes, and sea-level rise's influence on the natural and geologic system.

**Bio:** Dr. Simms grew up in Oklahoma but became interested in the sea during Graduate School at Rice University. After a short stint at Oklahoma State University, Dr. Simms came to UCSB in 2010. His research interests are on coastlines and how they responded to past disturbances including sea-level changes. He has studying the coastlines of the US Pacific Coast, the Gulf of Mexico, Scotland, and Antarctica during his career.

**INT 84ZR - “Wild Journey” – *ADD CODE ONLY**

**Seminar Type:** Honors  
**Department:** MCDB  
**Instructor:** John Lew  
**Instructor Email:** lew@lifesci.ucsb.edu – *email Prof. Lew for add code to enroll  
**Day - Time - Room:** Thursday 11:00-12:50 in HSSB 1237  
**Enroll Code:** 60228

**Course Description:** There is so much more to who you are than you know... You have all it takes for a deeply meaningful life of the greatest fulfillment, passion, and service. Yet, few of us are taught how to identify and develop our authentic life gifts to offer the world. Where our true gifts and the needs of the world touch... is our Calling. Like a wild animal able to roam without boundaries, the journey that transcends all barriers to our deepest life purpose is the Wild Journey. This seminar course will focus on how our own psyches can potentially lead us as called beings into the deepest, most meaningful lives... if only we knew who we truly are – and what we’re truly meant to do.... This class is experiential; we will meet outdoors employing Nature as a template for seeing ourselves as whole and authentic agents of potentially radical cultural change

**Bio:** Dr. Lew is a professor of biochemistry and molecular biology. His research focuses on the discovery of natural molecules as potential therapeutics for Alzheimer's disease. His life passion is students, and their personal development. He sees students as the next generation of leaders and influencers, and feels deeply called to guide students into the most meaningful life possible. Dr. Lew is a wilderness-based self-awareness guide who trains extensively with Animas Valley Institute specifically in the area of nature-based approaches to mature human development.