

# SPRING 2023

## Discovery Seminars

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### *Transfer Exploration, & Discovery+ Seminars:*

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Please note that if a listed seminar does not last the full 10 weeks, the drop deadline may be sooner.

Currently there are no Discovery+ Seminars offered for Spring 2023

Update 2/2/2023

### **INT 186AE - “SciTrek: improving critical thinking in university students”**

- **Seminar Type:** *Transfer Exploration*
- **Department:** Chemistry and Biochemistry
- **Instructor:** Norbert Reich
- **Instructor Email:** reich@chem.ucsb.edu
- **Day - Time - Room:** Wednesday 12:00-12:50 in ILP 3205
- **Enroll Code:** 57331

**Course Description:** Students will be engaged in running SciTrek modules in local high schools; UC students will be assessed for their improvement in critical thinking as a result of participation

**Bio:** Chemistry and Biochemistry

### **INT 186AG - “The First Writers: Exploring Ancient Civilization Through Writing”**

- **Seminar Type:** *Transfer Exploration*
- **Department:** Writing Program
- **Instructor:** James Donelan
- **Instructor Email:** donelan@ucsb.edu
- **Day - Time - Room:** Tuesday 2:00-2:50 in GIRV 1106
- **Enroll Code:** 57208

**Course Description:** This seminar takes students on a tour of the ancient world through its first writing systems: A look at Cuneiform tablets, Egyptian hieroglyphs, Maya carvings, Greek letters, and other systems from different civilizations will show us how writing helped develop everything from architecture to government to religion. We'll also consider how culture is preserved and transmitted without writing and the difference between oral tradition and written records.

**Bio:** James H. Donelan is a Lecturer in the UCSB Writing Program and the College of Creative Studies Writing and Literature Program. He received his Ph.D. in Comparative Literature from Yale University and is the author of *Poetry and the Romantic Musical Aesthetic* (Cambridge University Press, 2008). He received the 2015-16 UCSB Distinguished Teaching Award for Non-Senate Faculty.

## INT 186AL NEW - "Listening to Cumbia"

- **Seminar Type:** *Transfer Exploration*
- **Department:** Music
- **Instructor:** David Novak
- **Instructor Email:** dnovak09@ucsb.edu
  
- **Day - Time - Room:** Students will need to be free and attend the evening events on April 11<sup>th</sup> & 12<sup>th</sup>
- **April 7th 1-2:30 PM, Music Library 2406**
- **April 11th 7-10 PM, Pollock Theater**
- **April 12th 9 AM-5 PM (McCune Conference Room), 6 PM-8 PM (TBA)**
- **April 28th 1-2:30 PM Music Library 2406**
  
- **Enroll Code:** 57216

**Course Description:** This seminar will focus on the transnational Latinx musical genre of cumbia. The class will be organized around "Listening to Cumbia," an international gathering of cumbia scholars, DJs and archivists on April 11th and 12th at UCSB, and draw from readings and media about the contemporary history and revival of cumbia in Los Angeles. To enroll for this class, you will need to be able to attend all meetings, including the film screening on April 11th, and the all-day conference on April 12th. Please ensure that you can accommodate these events in your schedule before registering.

**Bio:** I am an ethnomusicologist, musician, and researcher in the Music Department at UCSB. My research examines transcultural relationships of media circulation, which I explore through multi-sited ethnographic research. My current book project, *Diggers: A Media Archaeology of Global Popular Music*, theorizes musical globalization through contemporary histories of digital and analog sound media. I am currently researching networks of record and cassette collectors, informal sound archives, reissue labels and sound recording digitization projects in Southeast Asia.

## **INT 186AS - "Fitness & Wellness Leadership"**

- **Seminar Type:** *Transfer Exploration*
- **Department:** Exercise & Sports Studies
- **Instructor:** Amy Jamieson
- **Instructor Email:** amyjam@ucsb.edu
- **Day - Time - Room:** Wednesday 11:00-11:50 in RecCen 2103
- **Enroll Code:** 26971

**Course Description:** This seminar will explore concepts of fitness. Students will receive basic instruction in exercise science and practical application of concepts. The knowledge will allow students to explore the field of fitness and wellness with emphasis on assessment application, exercise development and program design.

**Bio:** Amy Jamieson is the Department Chair and faculty member at UC Santa Barbara in the department of Exercise & Sports Studies. She has over 20 years experience in the wellness and fitness industry and spends most of her time working as a lecturer and educator. Amy holds a Masters Degree in Exercise and Health Science with an emphasis in performance enhancement and injury prevention. In addition, she is a certified Nutritionist through the AASDN and serves as the MyPlate Ambassador at UC Santa Barbara. Amy is the chair of the ESS Wellness Committee, responsible for creating and implementing student wellness based programs and resources including the upgraded Wellness and Fitness Institute designed to provide a platform for academic learning and student wellness education. Her broad education and experience in the field provides students with numerous fieldwork and hands-on internships in the field of health, wellness and fitness.