

WINTER 2022

Discovery@UCSB

Transfer– Exploration, Discovery & Linked Seminars:

Please note that if a listed seminar does not last the full 10 weeks, the drop deadline may be sooner.

Update 10/28/2021

INT 186AS - “Fitness & Wellness Leadership”

- **Seminar Type:** *Transfer Exploration*
- **Department:** Exercise & Sports Studies
- **Instructor:** Amy Jamieson
- **Instructor Email:** amyjam@ucsb.edu
- **Day - Time - Room:** Tuesday 10:00-10:50 in RobGym 1430
- **Enroll Code:** 66035

Course Description: This seminar will explore concepts of fitness. Students will receive basic instruction in exercise science and practical application of concepts. The knowledge will allow students to explore the field of fitness and wellness with emphasis on assessment application, exercise development and program design.

Bio: Amy Jamieson is the Department Chair and faculty member at UC Santa Barbara in the department of Exercise & Sports Studies. She has over 20 years experience in the wellness and fitness industry and spends most of her time working as a lecturer and educator. Amy holds a Masters Degree in Exercise and Health Science with an emphasis in performance enhancement and injury prevention. In addition, she is a certified Nutritionist through the AASDN and serves as the MyPlate Ambassador at UC Santa Barbara. Amy is the chair of the ESS Wellness Committee, responsible for creating and implementing student wellness based programs and resources including the upgraded Wellness and Fitness Institute designed to provide a platform for academic learning and student wellness education. Her broad education and experience in the field provides students with numerous fieldwork and hands-on internships in the field of health, wellness and fitness.

INT 186AW - "Collectors and Collecting"

- **Seminar Type:** *Transfer Exploration*
- **Department:** Theater and Dance
- **Instructor:** William Davies King
- **Instructor Email:** w_d_king@ucsb.edu
- **Day - Time - Room:** Wednesday 5:00-5:50 in TD 2517
- **Enroll Code:** 28258

Course Description: Millions of people collect everything from fine art to Beanie Babies, from butterflies to limericks, from classic cars to old newspapers. Collecting is a way of thinking through the world. This seminar will examine the history and practice of collecting, as well as some of the theory. Why do people collect? What does collecting say about a society? What distinguishes collecting from hoarding? How can collecting be creative, even artistic? And you, do you collect? How does collecting fit into a life story?

Bio:

Professor William Davies King, Theater & Dance, specializes in dramatic literature and theater history, but is also an unusual collector and author of *Collections of Nothing* (Chicago, 2008). He has also published articles about collecting and collage and has given talks about collecting around the country. For more information about what he does, see his website: www.williamdaviesking.com.

INT 186BK - "Archives: From Dusty to Digital"

- **Seminar Type:** *Transfer Exploration*
- **Department:** English
- **Instructor:** Rachael King
- **Instructor Email:** rking@english.ucsb.edu
- **Day - Time - Room:** Friday 11:00-11:50 in SH 2617
- **Enroll Code:** 65581

Course Description: What is an archive? How do archives shape our research? How do digital media turn us all into archivists? This course will introduce students to the many archives and databases available at UCSB while also asking them to contribute to an emerging digital archive. Students will gain practical research skills and engage critical readings about the nature of physical and electronic archives in the digital age. We will consider how archives have historically been structures of power--privileging the cultural memory of certain groups--and how digital archives can both challenge and reinforce these hierarchies.

Bio: Rachael Scarborough King researches and teaches the literature and media of the long eighteenth century, with particular interests in newspapers, periodicals, and the history of the book. She is the author of *Writing to the World: Letters and the Origins of Modern Print Genres* (Johns Hopkins University Press, 2018) and editor of *After Print: Eighteenth-Century Manuscript Cultures* (University of Virginia Press, 2020). She is also the Project Director and Principal Investigator for the Ballitore Project, a project combining archival research and computational analysis that has been funded by the UC-HBCU Initiative, the NEH, and the ACLS.

INT 187AL - “Community-based Participatory Research for Health and Social Justice”

- **Seminar Type:** *Transfer Discovery*
- **Department:** ISBER & Chicana/o Studies
- **Instructor:** Melissa Smith, M.D. & Andrea Medina
- **Instructor Email:** melissasmith@ucsb.edu & andreamedina@ucsb.edu
- **Day - Time - Room:** Tuesday 9:00-10:50 in ED 1207
- **Enroll Code:** 65060

Course Description: This Seminar weaves together the theory and practice of Community-based Participatory Research (CBPR), which is grounded in principles of social justice. Undergraduate students will work with graduate students and community partners to develop team-based projects focused on priority issues of health equity. Participants will learn skills necessary to participate effectively in CBPR projects, applying these within the context of underrepresented populations living in California. Students interested in participating in ongoing collaborative team efforts can continue to be engaged in a seminar that will be offered in the spring quarter, 2022.

Bio: **Melissa Smith, M.D.**, is a family medicine physician who has worked in low-income communities in the US and Latin America for three decades. As Director of Health Equity Initiatives at UC Santa Barbara, she has co-taught a course on Community-based Participatory Research since 2019, and is involved in collaborative efforts to address health concerns of historically marginalized communities in Santa Barbara County. Melissa is also Deputy Director of Education and Training for the Women's Health, Gender and Empowerment Center of Expertise of the UC Global Health Institute. She has developed culturally sensitive training programs for community health workers and midwives in Nicaragua and Guatemala, as well as a Participatory Action Research project focused on maternal health in Indigenous and Afro descendant communities in Mexico. Melissa has served as medical editor and writer for Hesperian Health Guides, who produce widely used public health manuals on community health and empowerment. Melissa obtained a BA from Harvard University and an M.D. from the University of Washington.

Andrea was born and raised in Yucatán, México, surrounded by the Maya culture. As a first generation college student, she pursued her Bachelor's degree in Cell and Developmental Biology at UC Santa Bárbara, as well as a minor in Anthropology, 6 years after migrating to the U.S.. Andrea is an avid educator, focused on creating better opportunities and providing support for more students of color to pursue a career in the STEM fields. She has created and implemented culturally relevant scientific curricula in California, taught and directed multi and intercultural education programs in schools and community centers throughout México for over twelve years and has worked with students, parents, teachers, school districts and the community at large in both countries.

Andrea pursued her Master's Degree at the Universidad Nacional Autónoma de México (UNAM) in Mesoamerican Studies - graduating with the highest honors and winning a national and international award for her dissertation and its application to the rescue of traditional Mayan agricultural techniques and sustainability in México. After living and working with families and schools in several indigenous communities throughout Mesoamerica, she decided to focus her Ph.D. research on the scientific processes behind traditional medicine and healing. She is currently a lecturer at UC Santa Barbara. She is a strong advocate for education, science, peace, history, social and environmental justice.