

WINTER 2024

Discovery Seminars

Transfer Discovery & Transfer Discovery+ Seminars:

Please note that if a listed seminar does not last the full 10 weeks, the drop deadline may be sooner.

Update 10/20/2023

INT 186AC - “Formerly-Incarcerated Students and Higher Education”

- **Seminar Type:** *Transfer Discovery*
- **Department:** Writing Program
- **Instructor:** Peter Huk
- **Instructor Email:** phuk@ucsb.edu
- **Day - Time - Room:** Monday 11:00-11:50am in HSSB 1227 ***Interested within sociology, psychology, and education please email Professor Huk for an add code.**
- **Enroll Code:** 62810

Course Description: This seminar will introduce students to a number of issues facing the formerly-incarcerated student population. Topics treated will include the social construction of crime and punishment within the United States, the physiological effects of incarceration, current educational opportunities for incarcerated and formerly incarcerated individuals, activism and advocacy concerning prison reform, identity and empowerment, and the role of education in community reintegration. Speakers will include Underground Scholars from UCSB.

Bio: Peter Huk teaches a variety of writing classes, primarily the engineering writing sequence, Writing for Global Careers, Writing for Film, and Writing for the Humanities. His pedagogy and research interests include contemplative inquiry and reflection in the writing classroom, representation in documentary film, and prison pedagogy.

~~INT 186AE - “SciTrek: improving critical thinking in university students”~~

~~**CANCELLED FOR WINTER 2024**~~

INT 186AP - “Crafting on Campus”

- **Seminar Type:** *Transfer Discovery*
- **Department:** Writing Program
- **Instructor:** Martha Webber

- **Instructor Email:** mwebber@ucsb.edu
- **Day - Time - Room:** Monday 5:00-5:50 IN GIRV 1108
- **Enroll Code:** 55970

Course Description: How have hand-decorated t-shirts pinned to clotheslines helped campus audiences recognize violence in their communities? This seminar explores craft projects created to raise awareness, foster connections, and challenge perspectives. We'll view examples of these projects through online image databases, documentaries, and short readings to consider their impact, with a focus on college campuses. We'll also meet the Arts and Crafts at UCSB student group and visit the new makerspace in the library. You'll learn basic sewing, embroidery, and knitting stitches to make at least one crafted item and write a reflection about it. No previous craft experience needed and all materials provided.

Bio: Martha Webber teaches Writing 1, 2, 105PD, 107B, and 107WC for the program. She has a PhD in English with a specialization in Writing Studies from the University of Illinois at Urbana-Champaign (and even an AA in Fashion Design). Her research on nonprofit organizations and literacy sponsorship has been published in *Reflections: A Journal of Community-Engaged Writing and Rhetoric*. Her creative writing, including short humor, has appeared in journals including *Slackjaw*, *Paper Darts*, and *Bending Genres*.

INT 186AY - "Personal Training and Fitness"

- **Seminar Type:** *Transfer Discovery*
- **Department:** Exercise & Sport Studies
- **Instructor:** Amy Jamieson
- **Instructor Email:** amyjam@ucsb.edu
- **Day - Time - Room:** Wednesday 8:00am - 8:50 in Recen 2103, 9-9:50 in Rob Gym: 1430 ***This seminar will meet the first 5 weeks of the quarter**
- **Enroll Code:** 55988

Course Description: Students will explore concepts of personal fitness and Personal Training. Students will receive basic instruction in exercise science and perform practical application of goal setting, exercise development and program design. The course information will allow students to explore the field of fitness and wellness with emphasis on exercise development and program design.

Bio: Amy Jamieson is a professor and industry leader in the promotion of health, wellness and exercise prescription. She currently serves as chair and program advisor for the Department of Exercise & Sport Studies at the University of California Santa Barbara. Amy has been actively involved in the field of exercise science as a lecturer and role model at UCSB for over twenty years. During this time she has trained hundreds of fitness professionals, developed curriculum, supervised student interns and fitness instructors and served on numerous campus and community committees. Amy is active on the national and international stage as an annual presenter and attendee at various national and international wellness & fitness conferences. Professor Jamieson is Board certified in the areas of Nutrition by the AASDN; Personal Training and Performance by NASM and Fitness Instruction by Schwinn, AFAA and IDEA. She is also a Certified ACE Health Coach and an ACE master instructor for the accredited program. Amy has become a leader in the growth and development of online education at UC Santa Barbara and the UC system. Professor Jamieson is well recognized as innovative and forward thinking, and therefore is the recipient of numerous educational grants. Professor Jamieson is responsible for the re-development and current management of the Wellness and Fitness Institute, a health-fitness assessment center that serves as a laboratory and center for student well-being available to all students at UCSB.

INT 186BB - "Steal From the Rich: Robin Hood in Literature and Film"

- **Seminar Type:** *Transfer Discovery*
- **Department:** English
- **Instructor:** Heather Blurton
- **Instructor Email:** heatherblurton@english.ucsb.edu
- **Day - Time - Room:** Wednesday 1:00-1:50 in HSSB 3202
- **Enroll Code:** 62711

Course Description: This seminar examines the unique hold of the outlaw Robin Hood on our cultural imagination - from medieval ballads to early movies to contemporary video games. We will ask such questions as: How does each age get the Robin Hood it needs? and what are the essential characteristics of Robin Hood that continue to define him, and to hold our interest?

Bio: Heather Blurton teaches medieval literature in the Department of English

INT 186BE - "Listening with Land: Interdisciplinary Approaches to Art Making + Field Trip to Limú (Santa Cruz Island)"

- **Seminar Type:** *Transfer Discovery*
- **Department:** Theater and Dance
- **Instructor:** Brooke Smiley
- **Instructor Email:** bts@ucsb.edu
- **Day - Time - Room:** Tuesday 5:00-6:50 in HSSB 1151. ***This seminar is planned to meet in the assigned room on February 27 and March 5 only. Please note that 10 additional hours of this course will occur during an all-day field trip to Santa Cruz Island planned for March 2, 7:30 AM to 6:30 PM. In event of inclement weather preventing a field trip on March 2, an alternate field trip date will be chosen from March 9 or March 10, 7:30 AM to 6:30 PM, and the final meeting date will move from March 5 to March 12, 5:00-6:50 in HSSB 1151.***
- **Enroll Code:** 63396

Course Description: This Discovery Seminar offers Transfer students a rare opportunity to connect with Limú (Santa Cruz Island), the origin place of the Coastal Chumash people. Exploring transdisciplinary art making methodologies, this field trip guides trauma informed ways of listening, making, and researching in relation with land, it's history, and it's people. Led by brooke smiley, this seminar is taught from an Indigenous perspective.

OPEN TO ALL DISCIPLINES:

Mediums explored include body and earth based research methodologies, somatics, sound, dance, playwriting, writing, visual art, film, media art and digital technologies.

This Seminar culminates with a closing gathering where student's share aspects of their process with no expectation of product.

Bio: brooke smiley (she/we) is an Osage body and earth artist, dancer and somatic movement educator who uniquely make works in relation with land. Rooting in risk and love, her work enlivens public art experiences as both diplomacy and education. She re-centers public spaces and who they serve by guiding creative processes with Native and non-Native communities, National Parks, and institutions worldwide. brooke uplifts the complexity of Contemporary Native Identity across generations through the collaborative creation of embodied earth markers and multisensory dance performances to re-map our worlds.

INT 187AB - "Academic and Professional Mentorship on Campus and Beyond"

- **Seminar Type:** *Transfer Discovery+*
- **Department:** Linguistics/EMS
- **Instructor:** Ingrid Bowman, Briana Westmacott
- **Instructor Email:** ibowman@linguistics.ucsb.edu, bwestmacott@ucsb.edu
- **Day - Time - Room:** Monday 3:00-4:50 in ARTS 1353
- **Enroll Code:** 62885

Course Description: How can you become part of an existing community? How can a mentor help you find your way? This course is designed for transfer students to learn about and engage in mentorship defined as evidence-based practices for reciprocal growth. The design of this seminar includes learning about different mentoring approaches and literature, talking with people involved in mentoring programs and interacting with mentorship opportunities currently offered on UC campuses, and in the community. The goal is to identify and approach mentors who will support your integration into the UCSB campus and your field of study.

Bio: Ingrid Bowman and Briana Westmacott have both been Continuing Lecturers in the EMS program, Department of Linguistics, for over ten years. Passionate about strengthening community on our campus, they are currently leading a collaborative, cross-campus faculty mentoring project called Here's my IDEA. Together, they also recently participated in a nationwide mentoring project for writing and have co-authored presentations, an article and book chapter on this topic.

INT 187AL - "Community-based Participatory Research for Health and Social Justice"

- **Seminar Type:** *Transfer Discovery+*
- **Department:** ISBER
- **Instructor:** Melissa Smith and Miya Barnett
- **Instructor Email:** melissasmith@ucsb.edu, mbarnett@ucsb.edu
- **Day - Time - Room:** Wednesday 9:00-10:50 in GGSE 1207
- **Enroll Code:** 62836

Course Description: This Seminar weaves together the theory and practice of Community-based Participatory Research (CBPR), which is grounded in principles of social justice. Undergraduate students will work with faculty, graduate students, and community partners to develop team-based projects focused on priority issues of health equity. Participants will learn skills necessary to participate effectively in CBPR projects, applying these within the context of underrepresented populations living in California. Students interested in participating in ongoing collaborative team efforts can continue to be engaged in research opportunities that will be offered in the Spring and Summer, 2024.

Bio: Melissa Smith is Director of Health Equity Initiatives and instructor of CPBR at UCSB. She is a physician who has worked in low-income communities in the US and Latin America for three decades. She has been involved in CBPR with local and global partners, and developed community health worker training programs and public health manuals for community health and empowerment.

Miya Barnett is an Associate Professor and clinical psychologist in the department of Counseling, Clinical, and School Psychology, in the Gevirtz Graduate School Of Education. She has conducted CBPR and other community-partnered implementation research with predominately Spanish-speaking populations in the US. She is dedicated to enhancing access to high quality mental health treatments for children and families, including partnering with community health workers in these efforts.